HEALTH OFFICE NEWS

Hello CIS Families,

Welcome to the 2016/17 School Year from the CIS Health Office. We are off to a great start. We wanted to give you some reminders as we get ready for the rest of the school year!

1. Do not send your student to school if he/she has a fever of 100.0 or greater without using any fever-reducing medication.
2. Students may not return to school until they have been fever free for 24 hours without using fever-reducing medication.(Tylenol or Ibuprofen)
3. Do not send your student to school if he/she has vomited within the last 24 hours.
4. If your student has symptoms of the Flu please do not send to school.
5. Do not send your student to school if he/she has had uncontrolled diarrhea.
6. Please encourage your student to use proper hygiene if he/she has a runny nose or cough.
7. If your student is tardy getting to school because he/she does not feel well it is always best to stay home to get rest.
8. Vision & Hearing Screenings will begin soon on all Kindergartners, First graders, Third graders, and new students per PED policy. You will receive a note home regarding screening results. If you have concerns please notify me.
9. It is Head Lice Awareness Month- Please take time to check your children & be educated regarding Head Lice. Preventing a lice infestation is easier than treating one. Direct physical head-to-head contact is the usual method of transmission. Parents please talk with your children and remind them not to share combs, brushes, headbands, hats, shirts, headphones, or pillows. Head-to-head contact should be avoided as much as possible. Please notify your school nurse if your student has lice and to help with proper treatment if infested.

For more information you can check out:

<http://kidshealth.org/parent/infections/common/head_lice.html>

If you have any questions of whether your child should come to school or not please do not hesitate to call the Health Office. Your students are amazing and we are privileged to be able to attend to their health & safety needs!

Jennifer Dennison RN, School Nurse

Patti Brainard,Health Assistant