# <u> UIS MIJH Aewsletter</u>

THE MISSION OF CORRALES INTERNATIONAL SCHOOL IS TO ACHIEVE, WITHIN THE FRAMEWORK OF THE INTERNATIONAL BACCALAUREATE CURRICULUM, EXCELLENCE IN MULTILINGUAL EDUCATION, PROMOTE INTERNATIONAL UNDERSTANDING AND MODEL ITS CORE VALUES OF RESPECT, RESPONSIBILITY, CONNECTION WITH THE ENVIRONMENT, AND THE JOY OF LEARNING.



November 2023

CIS Home of the Panthers

## CIS's Favorite Coach: Coach Berry

Coach Berry was born in Colorado but was raised in Wyoming. She graduated from the University of Wyoming and was on the powerlifting team there. She has lived in Albuquerque for 30 years and has a son, a daughter, and three beautiful grandchildren. Her hobbies include exercising, kayaking, skiing, cross-country skiing, hiking, snowshoeing or "anything to do with the mountains". Something that many don't know about her is that she trained and tested to be a firefighter! Coach Berry practices what she teaches as exercise and health are part of her everyday routine.



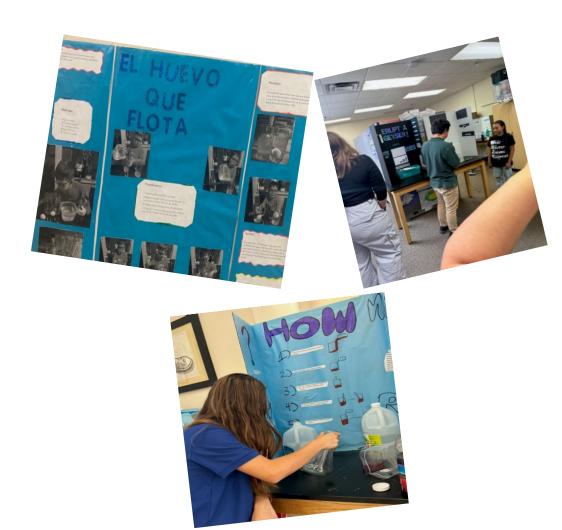


## Explora Science Night

On October 5 CIS's budding young scientists showed their presentations off to family and friends. The PYP scientists explained hurricanes, iodine clock, floating eggs, and water erosion experiments to name just a few. The MYP had PLTW (Project Lead The Way) exhibits and Science Tricks...Explained. The Oobleck exhibit was popular with young and old and one MYP student demonstrated color changing many times to the delight of all watching.

The folks from the Explora Museum also came and set up activities in the MPR for everyone to participate in. Spaghetti towers and paper airplanes kept both parents and kids enthralled. Watch out Bill Nye, you have competition!





## CIS MYP NEWSLETTER





## LIT Day

### October 20

Ms. Chatterton's LIT class organized a LIT banner competition and game day. The students are studying the IB Global Context Identities and Relationships. The banner competition was judged by Ms. Chatterton's lit students by the following guidelines.

- 1. A team name
- 2. A theme
- 3. An object that represents each student in the class
- 4. An artist's statement explaining your class rationale.

The students had scooter and cotton ball races after the banner competition. A good time was had by all.









#### PE in October

On Wednesday, October 24 the PE classes ran a mile. The day began with a gray sky but soon the sun emerged and shone on the MYP runners. Although there was a lot of huffing and puffing as well as sweat, the students emerged victorious. They have been training for this for some time.

Other topics that MYP students are exploring are cardio and muscular endurance, flag football, and volleyball. Some classes are designing an aerobic step routine and will present it to their fellow students in class.

The eleventh and twelfth grade students go to Planet Fitness where they not only flex their muscles but design workouts and journal their progress. For the rest of the week, they learn about nutrients, diets, and other topics relating to wellness with Ms. Banks. All MYP students are learning how important lifelong fitness and healthy eating is! Thank you, Coach Berry and Ms. Banks!

#### More Important Dates

November 15 Foundation Meeting

November 13-17 Parent Teacher Conferences November 16-24 No School



## LIT Banners







